

Water Fluoridation

Beginning November 12, 2007, the Metropolitan Water District of Southern California (MWD) will start adding fluoride to the drinking water at the Weymouth Treatment Plant in La Verne. As our District receives nearly all of our potable water supplies from MWD, this means that your drinking water will soon be fluoridated.



Fluoride in Drinking Water:

It is a widely accepted fact that fluoride helps teeth resist decay by strengthening the protective layer of tooth enamel. Although there has always been a certain amount of fluoride naturally present in MWD's water sources, these levels are not sufficient to protect against tooth decay.

As a result and in line with the recommendations from the California Department of Public Health, as well as the U.S. Centers for Disease Control and Prevention, MWD will begin to adjust the natural fluoride level in its water supplies to the recommended optimum range of 0.7 – 0.8 mg/L (parts per million). At this range, fluoridation has proven to be safe to drink and effective to help prevent tooth decay.

It is also important to note that you will not notice a change in the taste, smell or appearance of your water.

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The fluoridation of drinking water is not a new concept. Cities across the nation have been adding fluoride to their water supplies for decades. MWD now joins more than 14,000 communities across the nation that have fluoridated water supplies.



For more information on fluoride in the drinking water, please contact MWD's Water Quality Information Hotline (800) 354-4420, or visit MWD's Web site at www.mwdh2o.com



If you would like to speak to a Walnut Valley Water District representative about the fluoridation process or any other water quality issue, please call David Garcia at (909) 595-1268.



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